

Rationale for Form Period Lessons at Loreto Grammar School

Form Periods at Loreto Grammar School provide a dedicated programme of lessons designed to complement the academic curriculum and support the development of the whole person. They offer students structured opportunities to develop the knowledge, skills, confidence and values needed to thrive both within school and beyond it.

The programme reflects the Loreto values of freedom, justice, sincerity, joy, truth and excellence, providing opportunities for students to explore what these values mean in contemporary society and how they can be applied to everyday life. Form Period lessons encourage students to think critically, engage respectfully with different perspectives, make informed decisions and understand their responsibilities towards themselves, others and the wider community.

The curriculum covers a broad range subjects such as;

- **Finance and Money**
- **Human Rights in the UK**
- **Internet Safety and Digital Citizenship**
- **Careers and Future Pathways**
- **Diversity**
- **Study Skills**
- **Democracy and Governance**
- **Work experience**
- **Laws in the UK**
- **Dealing with examinations**

Form Periods therefore provide an important space within the wider curriculum for students to develop academic, personal, social, moral and cultural understanding.

Form Period lessons embody the Loreto ethos by giving students opportunities not only to learn about values such as freedom, justice, sincerity, joy, truth and excellence, but to understand how those values can shape their decisions, relationships and contribution to the world around them.